



# Summer Menu 2020

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	WG Cheerios Banana & Milk	Waffles Peaches & Milk	Biscuit Applesauce & Milk	Cinnamon Toast Fruit Cocktail & Milk	Life Cereal Pears & Milk
<b>Lunch</b>	WG Ham and Cheese Sand. Green Beans Watermelon Milk	BBQ chicken Peas and WG Crackers Tropical Fruit Milk	Cheese Burgers French Fries Fruit Cocktail Chocolate Milk	Ham and Penne Pasta Corn Strawberries Milk	Beef Burrito Black Beans Mango Milk
<b>PM Snack</b>	Cheez-Its Apple Juice	Vanilla Wafers	Turkey and Cheese Wrap Milk	Goldfish	String Cheese WG Crackers
<b>Week 2</b>					
<b>Breakfast</b>	WG Kix Cereal Oranges & Milk	Bagel Fruit Cocktail & Milk	Pancakes Strawberries & Milk	Cheese Toast Applesauce & Milk	Cheerios Strawberries & Milk
<b>Lunch</b>	Egg Salad Sandwich Broccoli Tropical Fruit Milk	WG Chicken Alfredo Mixed Vegetables Pineapple Milk	English Muffin Pizza Green Beans Apples Chocolate Milk	Sloppy Joes Tator Tots Pears Milk	Cheese Quesadilla Corn Peaches Milk
<b>PM Snack</b>	Cheese Sandwich Apple Juice	Animal Crackers	Ham and WG Crackers Milk	Teddy Grahams	Muffins
<b>Week 3</b>					
<b>Breakfast</b>	Life Cereal Pears & Milk	Biscuits Tropical Fruit & Milk	WG Waffles Strawberries	WG English Muffin Peaches & Milk	WG Cheerios Applesauce & Milk
<b>Lunch</b>	WG Sub Sandwiches Peas Watermelon Milk	Meatball Subs Mixed Veggies Bananas Milk	Mac & Cheese with Hot Dogs Green Beans Mangos Milk	Tuna Patties Broccoli Fruit Cocktail Milk	Spaghetti with Meat Sauce Corn Oranges Milk
<b>PM Snack</b>	Trail Mix Apple Juice	Cheese and WG Crackers	Vanilla Wafers Milk	Turkey and Cheese Wrap	Cheez-Its
<b>Week 4</b>					
<b>Breakfast</b>	WG Kix Cereal Peaches & Milk	WG Cinnamon Toast Pears & Milk	WG Pancakes Apples & Milk	English Muffin with Cheese Oranges & Milk	Bagels Strawberries & Milk
<b>Lunch</b>	Chicken Nuggets French Fries Bananas Milk	Turkey & Cheese Sandwich Broccoli Tropical Fruit Milk	Beefy Mac Mixed Veggies Fruit Cocktail Milk	WG Chicken Burrito Black Beans Pineapple Milk	WG Tuna Sandwich Corn Mango Milk
<b>PM Snack</b>	Turkey and Crackers Apple Juice	Goldfish Crackers	Muffins Milk	Ham & Cheese Wrap	Animal Crackers

Saint Luke's Lutheran Children's Center 719-598-7821

We are an Equal Opportunity Provider

